

“The Promise Of Peace”

Philippians 4:4-13

July 8, 2018

Society seems overcast by a cloud of dread.
Psychiatrists call it angst - an unspecified,
undesigned, unnamed fear that hovers over
everything.

D. James Kennedy

Complete each of these sentences with the appropriate word:

I am ready to throw in the _____

I am at the end of my _____

I am just a bundle of _____

My life is falling _____

I am at my wits _____

I feel like resigning from the human _____

I) The Practice Of Prayerful Gratitude: (vs. 4-7)

A) The focus must be on God.

B) The focus must be on the things that trouble us.

C) The focus must be on thanksgiving.

II) The Power Of Positive Thinking: (vs. 8-9)

A) There can be little doubt that what we think affects our character and attitude.

B) A neurosurgeon name Penefield conducted an experiment using electrodes and touching certain parts of the brain. What he discovered was interesting. By touching electrodes to specific areas of the brain, individuals were able to recall past events and past feelings.

C) Positive thinking requires feeding your mind with faith. So many marriages go awry because men and women think an imperfect person can give them the perfect peace for which they are searching.

III) The Progress Of Personal Contentment: (vs. 10-12)

A) We can learn to be content by affirming that God is engineering the circumstances in our lives.

B) We can learn to be content by believing we can overcome with Christ.